

Maritime Strong Foundations

Understanding your baby



FREE Postnatal parenting support for parents, carers and grandparents of babies 0-6 months

What you'll learn:

- Build a positive bond with your baby
- Understand your baby's emotions
- Learn about baby's brain development
- Decode baby communication and cues
- Support your baby's feeding and play
- Boost your parenting confidence

27th February
10am - 12pm



Programme Details:

- 6 week course
- Free of charge
- Solihull parenting approach



SCAN ME

Bligh Primary School
Bligh Way
Strood, ME2 2XJ

Bligh Primary
A School with Heart

family action

To book your place or to find out more about our Strong Foundations programme visit: www.blighprimaryschool.co.uk/Strong-Foundations